

## TOURNOI DES CAPITALES, PARIS 2013: PROGRAMME

### Friday 20 September

1000-1530	Teams assemble at Centre International de Séjour de Paris (CISP). Lunch at CISP for teams arriving before 1300.
1000-1730	Training at Stade Georges Carpentier (optional: inform coordinator if you would like to do this)
1100-1700	ID & age control and official team photo at CISP
1600-1700	Briefing at CISP for all team managers
1730-1900	Dinner at CISP for all teams
1830-1930	Leave on Métro (subway) to go to central Paris
2015-2145	Boat trip through Paris with draw for tournament pools
2200	Return to CISP by Métro

### Saturday 21 September

0630-0800	Breakfast at CISP
0800-0930	Teams leave CISP on foot for Stade Carpentier (groups of 4 teams)
0830-1000	Teams check in and warm up (groups of 4 teams)
0900-1500	Tournament: pool phase
1130-1400	Lunch at Stade Carpentier (groups of 4 teams)
1530-1600	Teams leave from Stade Carpentier for Colombes Stadium by bus
1830	Racing Metro 92 vs Union Bègles Bordeaux (Top 14) at Colombes
2030	Dinner at Colombes Stadium
2130	Return to CISP by bus (via Champs Elysées if traffic not too heavy)

### Sunday 22 September

0630-0800	Breakfast at CISP
0800-0845	Teams leave CISP by bus from Porte d'Italie for Stade Jean Bouin (groups of 4 teams)
0845-1000	Teams check in and warm up (groups of 4 teams)
0915-1545	Tournament: Cup, Plate, Bowl, Shield phases
1130-1400	Lunch at Stade Jean Bouin (groups of 4 teams)
1530	Final of Cup
1600	Trophy ceremony
1630	End of tournament